

# Teambuilding Through Songwriting

## Workshop 2

A highly engaging, interactive and productive songwriting workshop designed to inspire your team, staff, colleagues, friends, resulting with a unified outcome all can be proud of, while having fun through the universal language of music and the excitement of Rock 'N' Roll, Soul, Reggae, Blues and more...

This is a fantastic team building experience, strengthening communication and bonding any team, but most importantly, having fun! \*\*No musical ability is required.

### Workshop 2 Outline

(This outline can be altered to suit the client)

Time (guide)	Activity	Description
10 minutes	Introduction	About Workshop and Facilitator.
20 minutes	Activity 1	<b>Percussion 1</b> - Body Rap warm up and basic rhythms – Physical activity using the body as a musical instrument.
10 minutes	Your Song	<b>Your favourite song.</b> The song that means something to you. Why?
15 minutes	Song writing Example	<b>Illustration</b> of how a published song was created using different techniques of rhythm, melody and lyrics. This will include a performance of an original song.
40 minutes	Activity 2 – Percussion including vocal sound.	<b>Percussion 2</b> - Using everyday items, percussion instruments, the body and vocal sound. A physical activity requiring teamwork - listening, timing, non-verbal communication. Generate a rhythm and energy for the song.
25 minutes	Melody making	<b>Melodies</b> and riffs to the percussion and rhythms created in Activities 1 and 2. Melody: From lyric, from chords, acapella. <ul style="list-style-type: none"> <li>• Genre / style</li> <li>• Conjunct and Disjunct / Call and Response / Repetition</li> <li>• Which emotion?</li> <li>• Hum-ability - easy to sing/learn</li> </ul>
	<b>BREAK</b>	

20 minutes	Lyric writing	<p><b>Lyrics 1</b> - Key words / phrases describing your organisation.</p> <ul style="list-style-type: none"> <li>• Key words / phrases to describe what you do as an individual in the organisation.</li> <li>• Creativity: Keeping the underlying aim/purpose of the song (unique to this workshop)</li> </ul>
30 minutes	Songwriting Techniques	<p>Lyrics 2 - Break into teams Use different techniques to create lyrics</p> <ul style="list-style-type: none"> <li>• Cut up technique developed by William Burroughs (made popular by David Bowie)</li> <li>• Random technique - explore meaning</li> <li>• Sensory recall, Prose &amp; Distillation</li> <li>• A different perspective</li> <li>• Timed Creativity</li> <li>• Poetic techniques – personification, metaphors, similes, alliteration, consonance, rhyme, imagery.</li> </ul>
	<b>BREAK</b>	
20 minutes	Songwriting Techniques 2	<b>Spanner in the works</b> - Shuffle teams midway bringing originality and different perspectives.
20 minutes	The “Masterpiece”	<b>Song Structure</b> - A-B-A-B / A-B-A-B-C-B / others Participants shown how to create song structure. All lyrics created are brought together to create the final composition or “masterpiece”.
20 minutes	Live Performance	<b>Sing / Perform</b> the song (**only those who want to) using the percussive rhythms, the vocal rhythms, the lyrics and melody. Celebrate your creation!

- The song can be recorded at a later date.
- A CD or mp3 will be made available for all participants.
- ©Participants or Organisation name.

This is your song!